



# 21 DAYS

## *of prayer and fasting*

# PRAYING THE LORD'S PRAYER

## INTRO:

The Lord's Prayer is often recited in churches or at religious events, but there's so much more to this prayer. Jesus provided this model as an outline to teach us how to pray in a way that connects us to God, aligns our priorities with His, and helps us live dependently on Him. This model takes us through each part of The Lord's Prayer, showing us how to pray the way Jesus instructed.

REVIEW MATTHEW 6: 9-13 AND LUKE 11: 2-4

PRAY THESE SECTIONS BELOW

## CONNECT WITH GOD RELATIONALLY

### "OUR FATHER IN HEAVEN"

Spend some time proclaiming and thanking God for your intimate relationship with Him. Address Him lovingly as your Father and thank Him that you are His child.

## WORSHIP HIS NAME

### "HALLOWED BE YOUR NAME"

God loves when we worship Him, and there is power in His name. Here is a list of some of His names to help us worship Him specifically and personally:

- God is Righteousness – He makes us clean
- God is Healer – He heals all our diseases
- God is Shepherd – He speaks to us and leads us
- God is Peace – He is our peace in every storm

Spend some time speaking God's names out loud. When we proclaim who He is, we not only worship Him, but we also remind ourselves how powerful and great our God is.

## PRAY HIS AGENDA

### "YOUR KINGDOM COME. YOUR WILL BE DONE ON EARTH AS IT IS IN HEAVEN"

Part of being a child of God is caring about what He cares about and loving who He loves. We know His will is perfect, and we acknowledge His wisdom and sovereignty when we pray His agenda first. Spend time focusing on what God is focused on.

## DEPEND ON HIM FOR EVERYTHING

### "GIVE US THIS DAY OUR DAILY BREAD"

God promises to supply all our needs, and He wants us to come to Him with our problems, needs, and desires and to trust Him to provide. Ask God for what you need today. It may help to write down the concerns weighing on your mind or the desires of your heart. Bring them to God, and trust Him enough to hand them over to Him fully.

## FORGIVE AND BE FORGIVEN

### "FORGIVE US OUR DEBTS, AS WE FORGIVE OUR DEBTORS"

God has offered us complete forgiveness, and we can receive it at any time. When we turn away from our sins and receive His forgiveness, our hearts are more prepared to forgive others as well. Ask God to check your heart and life and show you areas where you might need to ask for forgiveness from Him or forgive others. Ask God to forgive you and to help you forgive others.

## ENGAGE IN SPIRITUAL WARFARE

### "AND DO NOT LEAD US INTO TEMPTATION, BUT DELIVER US FROM THE EVIL ONE."

Spiritual warfare can seem difficult to understand, but the Bible makes it very clear that we have an enemy who is trying to steal from us, kill us, and destroy us. There is power in God's Word, and every lie the enemy has told us can be replaced with God's truth. Ask God to show you any lies you're believing. Ask Him to expose the enemy. Ask Him to help you understand and receive God's truth.

## EXPRESS FAITH IN GOD'S ABILITY

### "FOR YOURS IS THE KINGDOM AND THE POWER AND THE GLORY FOREVER."

God is more than able to move in every situation, and ending our prayer time claiming His authority and power focuses our minds on the truth and hope of who He is and what He can do. Remind yourself of God's limitless power and then return to praising Him and declaring your faith in Him. "All authority, all praise, all Glory belongs to you Lord!"